1. In CPR for adults, what is the recommended chest compres ratio?		nmended chest compression to breath
	a) 15:1	b) 15:2
	c) 30:2	d) 50:2
2.	Protein synthesis take place in	
	a)Smooth Endoplasmic reticulum	b) Rough endoplasmic reticulum
	c) Golgi apparatus	d) Lysosomes
3.	A thin transparent mucous membrane that covers the inner surface of the eyelids & anterior part of eye is the	
	a) Conjunctiva	b) Sclera
	c) cornea	d) Choroid
4.	Which gland controls the functions of other endocrine glands?	
	a) Thyroid gland	b) Adrenal glands
	c) Pineal gland	d) Pituitary gland
5.	The enzyme detection used for diagnosis of Myocardial Infarction is	
	a) ALT	b) Lipase
	c) CK-MB	d) Hexokinase
6.	How many pairs of cranial nerves are present in the human body?	
	a) 12 Pairs	b) 9 Pairs
	c) 15 Pairs	d) 31 Pairs
7.	The surgical nurse should assess fo	r signs of wound infection, such as
	a) Clear serous drainage from the incision	b)Mild redness and swelling around the incision
	c) Slight warmth at the surgical site	d) Pus-like, foul-smelling discharge from the incision

8.	Respiratory centre is stimulated by	
	a) Oxygen	b) Lactic acid
	c) Carbon di-oxide	d) Calcium
9.	Which of the following mental disorder is characterized by extreme mood swings?	
	a) Schizophrenia	b)Bipolar disorder
	c) Depression	d)Obsessive compulsive disorder
10.	What is the primary focus of commu	nity health nursing?
	a)Hospital-based patient care	b) individual patient treatment
	c) Promotion of health and prevention of disease	d) Conducting surgical procedures
11.	What is the normal duration of prega	nancy?
	a) 280 days	b) 300 days
	c) 250 days	d) 270 days
12.	Which hormone is primarily respons	sible for maintaining pregnancy?
	a) Oestrogen	b) Progesterone
	c) Oxytocin	d) Prolactin
13.	3. Postpartum haemorrhage (PPH) is defined as blood loss exceeding	
	a) 250 ml	b) 500 ml
	c) 750 ml	d) 1000 ml
14.	Which condition is characterized by	a deficiency of vitamin D in children?
	a) Rickets	b) Scurvy
	c) Pellagra	d) Beriberi

15.	The Apgar score assesses		
	a)New-born's feeding ability	b) Growth rate	
	c) Reflexes, respiration, and heart rate	d) Maternal health	
16.	The primary intervention for a patient with a stroke is		
	a) Encourage mobility	b) Monitor airway and circulation	
	c) Insertion of Ryle's tube	d) Administer sedatives	
17.	Which condition is a contraindication for inserting a nasogastric tube?		
	a) Skull fracture	b) Gastric ulcers	
	c) Pancreatitis	d) GERD	
18.	A good communication skill involves		
	a) One-way interaction	b) Feedback mechanism	
	c) Passive listening	d) Direct orders	
19.	The main symptom of obsessive compulsive disorder (OCD) is		
	a) Hallucinations	b) Delusions	
	c) Repetitive thoughts and behaviours	d) Mood Swings	
20.	The drug of choice for bipolar disorder is		
	a) Lithium	b)Fluoxetine	
	c)Clozapine	d)Diazepam	
21.	The most effective therapy for phobias is		
	a) Electroconvulsive therapy	b) Exposure therapy	
	c)Psychoanalysis	d) Hypnotherapy	

22.	The most appropriate time to administer Rh immunoglobulin (Anti-D) to an Rh-negative mother who has delivered Rh positive baby		
	a) After one week of delivery	b) Within 72 hours after delivery	
	c) During the first trimester	d) At 6 weeks postpartum	
23.	In a normal vertex presentation, the fetal head typically engages in the pelvis in primigravida at		
	a) 28 weeks	b) 30 weeks	
	c)36 weeks	d) 40 weeks	
24.	The normal duration of the first stag	ge of labour in a primigravida is about	
	a)2-4 hours	b)6-8 hours	
	c)10-12 hours	d) 20-24 hours	
25.	Which of the following is a sign of pl	acental separation?	
	a) Sudden bleeding with no change in uterine shape	b) Lengthening of the umbilical cord and a firm, globular uterus	
	c) Maternal hypotension	d) Immediate cessation of bleeding	
26.	Lochia that is pinkish-brown in colo postpartum period is called	ur and appears on 3 days -10 days of	
	a)Lochia rubra	b) Lochia serosa	
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	 a) 2/3rd of areola visible outside the mouth 	b) Lower lip is everted
	b) Baby chin touching mother's breast	d) Baby mouth is wide open
74.	All the following statement about Centchroman are true except	
	a) it causes suppression of ovulation thus prevent fertilization	b) it causes thinning of endometrium thus prevents implantation
	c) Developed by central drug research Institute , Lucknow	d) Freely available in the FP program in the name of CHHAYA

75.	On abdominal examination of a pregnant woman, you find uterus to be at 20 weeks size but by date (LMP) gestational age is 24 weeks, what is the most probable reason for such discrepancy	
	a) Wrong date	b) Hydramnions
	c) Multiple pregnancy	d) Gestational diabetes
76.	Which of the following is the indication of prevalence of contraceptive practice in a community	
	a) Couple protection rate (CPR)	b) Net reproduction rate (NRR)
	c) Total fertility rate (TFR)	d) Gross reproduction rate (GRR)
77.	Copper T can be inserted in all the fe	ollowing conditions except
	a) Within 48 hours of normal delivery	b) During menstruation
	c) Within 5 days of unprotected sex	d) Abnormal uterine bleeding
78.		n relative of yours suddenly became tep you would do as a health care
	a) Call emergency number	b) Check for pulse
	c) Check for responsiveness	d) Check for breathing
79.	Which is not true for Tetany?	
	a) Positive trousseaus sign	b) Age related, increase in bone mass
	c) Positive Chvostek's sign	d) Low calcium level
80.	Basic laboratory test done for pregna	ant woman include all except
	a) blood grouping and Rh	b) Liver function test
	c) Random blood sugar	d) VDRL

81. Which of the following is not related to coronary artery di		to coronary artery disease?
	a) Atherosclerosis	b) Deposits of calcium, cholesterol in the blood vessel of heart
	c) Narrowing of arterial lumen	d) Congestion of lungs
82.	Which is not a high risk pregnancy?	
	a)Primigravida women over 30 year	b) Severe anaemia
	c) Twin pregnancy	d) Previous vaginal delivery
83.	First aid, in case of snake bite include	de all except
	a) Reassurance of patient as 70% of all snake bites are non-poison	b) Elevation of limb above heart level
	c) Immobilization of limb	d) Transportation of patient to medical facility
84.	The best way to represent the follow 18 are smoker and 82 are non-smok	ing data is, out of 100 factory workers, ters
	a) Line diagram	b) Histogram
	c) Pie chart	d) Bar diagram
85.	WHO (World Health Organization) h group of	as defined adolescent, a person in age
	a) 15 -24 years	b) 10-24 years
	c) 10- 19 years	d) 12-19 years
A 2 years old baby is brought to you with complaints of loo days, On examination, baby is restless, irritable, skin pino slowly and has sunken eye, what will you do?		ess, irritable, skin pinch goes back
	a) Child has some dehydration , start ORS	b) Refer the child to higher centre
	c) Child has no dehydration , no treatment is required	d) Child has severe dehydration , starts IVF fluids

87.	A 32 weeks pregnant woman complaints of swelling of foot, headache and blurring of vision. On examination she has gained 3kg weight in 1 week, what is the most probable reason	
	a) Hydramnios	b) Gestational diabetes
	c) Pre-eclampsia	d) Twin pregnancy
88.	Age related disorder characterised by decreased bone mass and increased chance of fracture is	
	a) Gouty arthritis	b) Muscular dystrophy
	c) Osteoporosis	d) Rheumatoid arthritis
89.	Structural and functional unit of skeletal muscle is known as	
	a) Sarcomere	b) Micromere
	c) Macromere	d) Nanomere
90.	All are danger signs during labour expect	
	a) Prolapse of cord	b) Pain abdomen after rupture of membrane
	c) Excessive bleeding PV	d) Diastolic BP is over110 mmHg
91.	The vitamin which reduce the chance of neural tube defect is	
	a) Vitamin K	b) Vitamin D
	c) Folic acid	d) Vitamin A
92.	RBSK (Rastriya Bal Swasthya Karyakram) aims of screening is early detection of 4 D's except	
	a) Defect at birth	b) Deficiencies
	c) Diabetes	d) Developmental delay

93.	Quickening is first felt by the mother during which gestational period?	
	a) 10-12 weeks	b) 12-16 weeks
	c) 16-18 weeks	d) 18 – 22 weeks
94.	All the following are warning signs of	f cancer except
	a) Change in size of lump	b) Persistent hoarseness of voice
	c) A wart or a mole	d) unexplained weight loss
95.		by her mother with the complaints of neezing, respiratory rate is 38/minutes, s your diagnosis
	a) No pneumonia	b) Has Pneumonia
	c) Severe pneumonia	d) Healthy child
96.	96. The following methods can be used as emergency contraceptive afte unprotected sexual intercourse except	
	a)Insertion of CuT within 5 days	b) OCP Within 72 hours
	c) ECP within 72 hours	d) Mifepristone 10 mg within 72 hour
97.	Aedes Aegypti mosquito is the vector	of following viral disease except
	a) Dengue	b) Chikungunya
	c) Japanese encephalitis	d) Zika virus
98.	As per IPHS, Essential medicine list	(EML) include all, except
	a) Medicines that satisfy health needs of the population	b) Medicines used in national health programs
	c) Medicines used for rare disease	d) Medicines used for emerging and re-emerging disease

- 99. The resolution power of the compound microscope is
 - a) 0.20 millimetre

b) 0.20 nanometre

c) 0.20 micrometre

- d) 0.20 centimetre
- 100. With reference to NRHM, The following are NOT the job responsibilities of ASHA worker

- a) accompanying pregnant woman to the health facility for ANC checkup
- b) using pregnancy testing kit for detecting pregnancy
- c) providing information on nutrition and immunization
- d) conducting delivery of the baby

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1.	Sharps and needles are disposed in	
	a) Black container	b) Yellow container
	c) White container	d) Red container
2.	Which micro nutrient is given during duration and severity of the episode	
	a) Iron	b) Calcium
	c) Zinc	d) B complex
3.	Which of the following is modifiable a diseases:	risk factor for causing cardiovascular
	a) Age	b) Genetic factor
	c) Family history	d) Cigarette smoking
4.	At what temperature DPT vaccine is	stored?
	a) Sub-zero degree centigrade	b) 2-8 degree centigrade
	c) Zero degree centigrade	d) 10-15 degree centigrade
5.	Recommended daily intake of salt for	r healthy adult is
	a) 2 gram	b) 3 gram
	c) 5 gram	d) 7 gram
6.	Transient Ischaemic attack (TIA) is a neurological deficit and lasts for a pe	<u>-</u>
	a) Less than one minute	b) less than 24 hours
	c) more than 24 hours	d) more than 48 hours
7.	National Rural health mission (NRH) which committee	M) is based on recommendation of
	a) Chaddha committee	b) Kartar Singh committee
	c) Srivastava Committee	d) Jungalwala committee

8.	A condition characterised by a prolonged PR interval more than 0.2 secs in ECG is called	
	a) Second degree AV block	b) Mobitz type 2 AV block
	c) First degree AV block	d) Complete AV block
9.	In which type of diabetes, production	n of insulin is virtually absent
	a) Type 1 diabetes	b) Type 2 diabetes
	c) Gestational diabetes	d) Maturity onset diabetes of young
10.	Which of the following organism is a	ssociated with peptic ulcer disease
	a) H.Pylori	b) Treponema Pallidum
	c) Hepatitis B virus	d) Measles virus
11.	Nuchal rigidity, fever and headache	are classical signs of
	a) Meningitis	b) Parkinsonism
	c) Pneumonia	d) Sinusitis
12.	What should be advised to prevent E	Buerger 's disease
	a) Monitor BP	b) Monitor blood sugar
	c) Avoid alcohol	d) Avoid smoking
13.	Suitable position for rectal examinat	ion
	a) Prone position	b) Lithotomy position
	c) Dorsal recumbent position	d) Sim's position
14.	The difference between systole and o	liastole pressure
	a) Pulse deficit	b) Pulsus paradoxus
	c) Pulsus bigeminy	d) Pulse pressure

15.	Which of the following is not a moment of hand hygiene laid down by WHO	
	a) Before touching patient	b) After touching patient
	c) Before Aseptic Procedure	d) Before touching patients surrounding
16.	What does the term Malena means	surrounding
	a) Blood in Stool	b) blood in sputum
	c) blood in vomitus	d) Blood in Urine
17.	During which stage of labour CROW	NING of head takes place
	a) First Stage	b) Second Stage
	c) Third Stage	d) Fourth Stage
18.	Hormone responsible for positive pregnancy test is	
	a) Oestrogen	b) Progesterone
	c) Human Chorionic gonadotropin	d) Follicle stimulating hormone
19.	What is the commonest cause of postpartum haemorrhage?	
	a) Atonic uterus	b) Abruptio placenta
	c) Placenta previa	d) Placenta accreta
20.	During pregnancy, when will the uterus normally reach level of xiphisterum?	
	a) 32 weeks	b) 36 weeks
	c) 40 weeks	d) 42 weeks
21.	Ziehl-Neelsen (ZN) stain is used to d	etect which of the following disease
	a) Malaria	b) Tuberculosis
	c) Measles	d) Diphtheria

22.	Early diagnosis and treatment is an example of	
	a) Primordial prevention	b) Primary prevention
	c) Secondary prevention	d) Tertiary prevention
23.	Following are sign are good attachm	ent during breast feeding except
	a) $2/3^{\rm rd}$ of areola visible outside the mouth	b) Lower lip is everted
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	a)Lochia rubra	b) Lochia serosa
	c)Lochia alba	d)Lochia Clara
77.	The primary purpose of prenatal car	e is to
	a) Determine the exact date of delivery	b) Diagnose foetal abnormalities
	c) Promote the health of mother and foetus through early detection of high risk pregnancy	d) Provide financial and nutritional assistance
78.	In public heath, the term " incidence	e" refers to
	a) Total number of cases (old and new) in a population	b) Number of new cases occurring in a population during a given time
	c) Death rate in a population	d) Ratio of male to female cases
79.	Which of the following is an example	e of primary prevention in community?
	a)Providing physiotherapy to stroke patients	b)Diagnosing breast cancer in early stages
	c)Implementing immunization programs for children	d)Arranging hospice care for terminally ill patients
80.	The most common cause of mortality	y in the neonatal period is
	a) Congenital anomalies	b) infections
	c) Birth trauma	d)Birth asphyxia

81.	The most appropriate site for IM injection in infants under 1 year is	
	a) Dorso-gluteal	b) Vastus lateralis
	c) Deltoid	d) Ventro-gluteal
82.	Which of the following is an important	nt milestone of a 9 month-old infant?
	a)Sits without support and may start to crawl	b)Smiles socially
	c)Speaks in two-word phrases	d)Stands and walks independently
83.	A patient with COPD, commonly exp	periences
	a)Decreased respiratory rate	b)Airway obstruction and difficulty in expiration
	c)Acute airway dilation	d)High Oxygen saturation without assistance
84.	A classic sign of left –sided congestive heart failure as	
	a) Hepatomegaly	b) Pulmonary oedema
	c) Peripheral oedema	d) Jugular venous distension
85.	When administering blood transfusions, the nurse must primarily	
	a) Check the patient's room temperature	b) Verify patient identity and blood unit compatibility
	c) Warm the blood to 40°C before transfusion	d) Give the blood as fast as possible
86.	Which type of shock is associated wi	th severe allergic reactions?
	a) Hypovolemic shock	b) Anaphylactic shock
	c) Cardiogenic shock	d) Septic shock
87.	A sign of increased intracranial pres	sure (ICP)
	a)Papilledema	b)Decreased blood pressure
	c)Rapid, shallow breathing	d)Hyperactive deep tendon reflexes

88.	3. One of the most important nursing interventions for a patient with s ideation is to	
	a) Leave the patient alone to ensure privacy	b) Maintain constant observation to ensure safety
	c) Discourage communication about suicidal thoughts	d) provide sedatives immediately
89.	In psychiatric nursing, the term "mil	ieu therapy" refers to
	a) Group counselling for family members	b) Therapeutic use of the environment and daily activities
	c) Only medication-based interventions	d) Strict isolation of the patient
90.	Kwashiorkor is primarily due to	
	a) Protein deficiency	b) Carbohydrate deficiency
	c) lipid deficiency	d) Vitamin D deficiency
91.	The main function of dietary fibre is to	
	a) Provide high-calorie energy	b) Help in bowel movement
	c) Supply essential amino acids	d) Increase cholesterol absorption
92. If a person is chocking and cannot speak or cough, the recomprocedure is		peak or cough, the recommended
	a) Immediate CPR	b) Tapping the back
	c) Heimlich maneuver	d) Lying them flat on their back
93.	3. In case of severe external bleeding from a limb, the first step is to	
	a) Ask the patient to stand up	b) Apply direct pressure on the wound
	c) Place the limb in cold water	d) Immobilize the patient fully

94.	The first aid management for a suspected fracture of long bone includes	
	a) Encouraging the patient to move the limb	b) Immobilization of the affected limb
	c) Applying continuous traction	d) Using hot compresses immediately
95.	If someone is experiencing anaphyla treatment	xis, drug of choice for immediate
	a) Injection Hydrocortisone	b) IV fluids
	c) Injection Chlorphenaramine	d) Injection Adrenaline
96.	Which blood vessels carry oxygenate	ed blood from the lungs to the heart?
	a) Pulmonary arteries	b) Pulmonary veins
	c)Coronary arteries	d) Vena cava
97.	Insulin is secreted by the	
	a) Beta cells of the pancreas	b) Alpha cells of the pancreas
	c) Adrenal cortex	d) Pituitary gland
98.	The following are first line of drug fo	r tuberculosis except
	a) Rifampicin	b) Ethambutol
	c) levofloxacin	d) Isoniazid
99.	In first person becoming sick in an e	epidemic is called
	a) Primary case	b) Contact case
	c) Secondary case	d) Index case
100.	The following is the criteria for scree	ning test except
	a)Disease should be public health problem	b)Disease should have low prevalence
	c)Diagnosis and treatment should be available	d)Test should be available to the people
****	***********	**********

1.	practice in a community	
	a) Couple protection rate (CPR)	b) Net reproduction rate (NRR)
	c) Total fertility rate (TFR)	d) Gross reproduction rate (GRR)
2.	Copper T can be inserted in all the fo	ollowing conditions except
	a) Within 48 hours of normal delivery	b) During menstruation
	c) Within 5 days of unprotected sex	d) Abnormal uterine bleeding
3.	O .	relative of yours suddenly became ep you would do as a health care
	a) Call emergency number	b) Check for pulse
	c) Check for responsiveness	d) Check for breathing
4.	Which is not true for Tetany?	
	a) Positive trousseau's sign	b) Age related, increase bone mass
	c) Positive Chvostek's sign	d) Low calcium level
5.	Basic laboratory test done for pregna	ant woman include all except
	a) blood grouping and Rh	b) Liver function test
	c) Random blood sugar	d) VDRL
6.	Which of the following is not related to coronary artery disease?	
	a) Atherosclerosis	b) Deposits of calcium, cholesterol in the blood vessel of heart
	c) Narrowing of arterial lumen	d) Congestion of lungs

7.	Which is not a high risk pregnancy?	
	a)Primigravida women over 30 year	b) Severe anaemia
	c) Twin pregnancy	d) Previous vaginal delivery
8.	First aid, in case of snake bite include	de all except
	a) Reassurance of patient as 70% of all snake bites are non-poison	b) Elevation of limb above heart level
	c) Immobilization of limb	d) Transportation of patient to medical facility
9.	The best way to represent the follows 18 are smoker and 82 are non-smoker.	ing data is, out of 100 factory workers ters
	a) Line diagram	b) Histogram
	c) Pie chart	d) Bar diagram
10. WHO (World Health Organization) has defined adolescent, a group of		as defined adolescent, a person in age
	a) 15 -24 years	b) 10-24 years
	c) 10- 19 years	d) 12-19 years
11.	A 2 years old baby is brought to you with complaints of loose stools for 3 days, On examination, baby is restless, irritable, skin pinch goes back slowly and has sunken eye, what will you do?	
	a) Child has some dehydration , start ORS	b) Refer the child to higher centre
	c) Child has no dehydration , no treatment is required	d) Child has severe dehydration , starts IVF fluids
12.	A 32 weeks pregnant woman complaints of swelling of foot, headache and blurring of vision. On examination she has gained 3kg weight in 1 week, what is the most probable reason	
	a) Hydramnios	b) Gestational diabetes
	c) Pre-eclampsia	d) Twin pregnancy

13.	. Age related disorder characterised by decreased bone mass and increased of fracture is	
	a) Gouty arthritis	b) Muscular dystrophy
	c) Osteoporosis	d) Rheumatoid arthritis
14.	Structural and functional unit of ske	eletal muscle is known as
	a) Sarcomere	b) Micromere
	c) Macromere	d) Nanomere
15.	All are danger signs during labour ex	kpect
	a) Prolapse of cord	b) Pain abdomen after rupture of membrane
	c) Excessive bleeding PV	d) Diastolic BP is over110 mmHg
16.	The vitamin which reduce the chance of neural tube defect is	
	a) Vitamin K	b) Vitamin D
	c) Folic acid	d) Vitamin A
17. RBSK(Rastriya Bal Swasthya Karyakram) aims of screening idetection of 4 D's except		kram) aims of screening is early
	a) Defect at birth	b) Deficiencies
	c) Diabetes	d) Developmental delay
18.	Quickening is first felt by the mother during which gestational period?	
	a) 10-12 weeks	b) 12-16 weeks
	c) 16-18 weeks	d) 18 – 22 weeks
19.	All the following are warning signs of cancer except	
	a) Change in size of lump	b) Persistent hoarseness of voice
	c) A wart or a mole	d) unexplained weight loss

20.	One year old baby is brought to you by her mother with the complaints of cough and cold, there is no chest wheezing, respiratory rate is 38/minutes there is no chest in drawing, what is your diagnosis	
	a) No pneumonia	b) Has Pneumonia
	c) Severe pneumonia	d) Healthy child
21.	The following methods can used as emergency contraceptive after unprotected sexual intercourse except	
	a)Insertion of CuT within 5 days	b) OCP Within 72 hours
	c) ECP within 72 hours	d) Mifepristone 10 mg within 72 hour
22.	Aedis Aegipty mosquito is the vector	of following viral disease except
	a) Dengue	b) Chikungunya
	c) Japanese encephalitis	d) Zika virus
23.	As per IPHS, Essential medicine list	(EML) include all, except
	a) Medicines that satisfy health needs of the population	b) Medicines used in national health programs
	c) Medicines used for rare disease	d) Medicines used for emerging and re-emerging disease
24.	24. The resolution power of the compound microscope is	
	a) 0.20 millimetre	b) 0.20 nanometre
	c) 0.20 micrometre	d) 0.20 centimetre
25.	25. With reference to NRHM, The following are NOT the job responsibilit ASHA worker	
	a) accompanying pregnant woman to the health facility for ANC checkup	b) using pregnancy testing kit for detecting pregnancy
	c) providing information on nutrition and immunization	d) conducting delivery of the baby

26.	In CPR for adults, what is the recomratio?	mended chest compression to breath
	a) 15:1	b) 15:2
	c) 30:2	d) 50:2
27.	Protein synthesis take place in	
	a)Smooth Endoplasmic reticulum	b) Rough endoplasmic reticulum
	c) Golgi apparatus	d) Lysosomes
28.	A thin transparent mucous membrane that covers the inner surface of the eyelids & anterior part of eye is the	
	a) Conjunctiva	b) Sclera
	c) cornea	d) Choroid
29.	Which gland controls the functions of	of other endocrine glands?
	a) Thyroid gland	b) Adrenal glands
	c) Pineal gland	d) Pituitary gland
30.	The enzyme detection is used for dia	gnosis of Myocardial Infarction is
	a) ALT	b) Lipase
	c) CK-MB	d) Hexokinase
31.	How many pairs of cranial nerves are present in the human body?	
	a) 12 Pairs	b) 9 Pairs
	c) 15 Pairs	d) 31 Pairs
32.	The surgical nurse should assess for	signs of wound infection, such as
	a) Clear serous drainage from the incision	b)Mild redness and swelling around the incision
	c) Slight warmth at the surgical site	d) Pus-like, foul-smelling discharge from the incision

33.	. Respiratory centre is stimulated by	
	a) Oxygen	b) Lactic acid
	c) Carbon di-oxide	d) Calcium
34.	Which of the following mental disord swings?	ler is characterized by extreme mood
	a) Schizophrenia	b)Bipolar disorder
	c) Depression	d)Obsessive compulsive disorder
35.	What is the primary focus of commu	nity health nursing?
	a)Hospital-based patient care	b) individual patient treatment
	c) Promotion of health and prevention of disease	d) Conducting surgical procedures
36.	What is the normal duration of prega	nancy?
	a) 280 days	b) 300 days
	c) 250 days	d) 270 days
37. Which hormone is primarily responsible for maintaining pregnancy		sible for maintaining pregnancy?
	a) Oestrogen	b) Progesterone
	c) Oxytocin	d) Prolactin
38. Postpartum haemorrhage (PPH) is defined as blood loss exceeding		efined as blood loss exceeding
	a) 250 ml	b) 500 ml
	c) 750 ml	d) 1000 ml
39.	Which condition is characterized by	a deficiency of vitamin D in children?
	a) Rickets	b) Scurvy
	c) Pellagra	d) Beriberi

40.	The Apgar score assesses	
	a)New-born's feeding ability	b) Growth rate
	c) Reflexes, respiration, and heart rate	d) Maternal health
41.	The primary intervention for a patier	nt with a stroke is
	a) Encourage mobility	b) Monitor airway and circulation
	c) Insertion of Ryle's tube	d) Administer sedatives
42.	Which condition is a contraindication	n for inserting a nasogastric tube?
	a) Skull fracture	b) Gastric ulcers
	c) Pancreatitis	d) GERD
43.	A good communication skill involves	
	a) One-way interaction	b) Feedback mechanism
	c) Passive listening	d) Direct orders
44.	The main symptom of obsessive com	pulsive disorder (OCD) is
	a) Hallucinations	b) Delusions
	c) Repetitive thoughts and behaviours	d) Mood Swings
45.	The drug of choice for bipolar disord	er is
	a) Lithium	b)Fluoxetine
	c)Clozapine	d)Diazepam
46. The most effective therapy for phobias is		as is
	a) Electroconvulsive therapy	b) Exposure therapy
	c)Psychoanalysis	d) Hypnotherapy

47.	The most appropriate time to administer Rh immunoglobulin (Anti-D) to a Rh-negative mother who has delivered Rh positive baby	
	a) After one week of delivery	b) Within 72 hours after delivery
	c) During the first trimester	d) At 6 weeks postpartum
48.	In a normal vertex presentation, the pelvis in primigravida at	fetal head typically engages in the
	a) 28 weeks	b) 30 weeks
	c)36 weeks	d) 40 weeks
49.	The normal duration of the first stag	ge of labour in a primigravida is about
	a)2-4 hours	b)6-8 hours
	c)10-12 hours	d) 20-24 hours
50.	Which of the following is a sign of pla	acental separation?
	a) Sudden bleeding with no change in uterine shape	b) Lengthening of the umbilical cord and a firm, globular uterus
	c) Maternal hypotension	d) Immediate cessation of bleeding
51. Lochia that is pinkish-brown in colour and appears on 3 days -10 of postpartum period is called		ur and appears on 3 days -10 days of
	a)Lochia rubra	b) Lochia serosa
	c)Lochia alba	d)Lochia Clara
52.	The primary purpose of prenatal car	e is to
	a) Determine the exact date of delivery	b) Diagnose foetal abnormalities
	c) Promote the health of mother and foetus through early detection of high risk pregnancy	d) Provide financial and nutritional assistance

53.	In public heath, the term "incidence" refers to	
	a) Total number of cases (old and new) in a populationc) Death rate in a population	b) Number of new cases occurring in a population during a given timed) Ratio of male to female cases
54.	Which of the following is an example	of primary prevention in community?
	a)Providing physiotherapy to stroke patients	b)Diagnosing breast cancer in early stages
	c)Implementing immunization programs for children	d)Arranging hospice care for terminally ill patients
55.	The most common cause of mortality	in the neonatal period is
	a) Congenital anomalies	b) infections
	c) Birth trauma	d)Birth asphyxia
56.	The most appropriate site for IM inje	ction in infants under 1 year is
	a) Dorso-gluteal	b) Vastus lateralis
	c) Deltoid	d) Ventro-gluteal
57.	Which of the following is an important milestone of a 9 month-old infant?	
	a)Sits without support and may start to crawl	b)Smiles socially
	c)Speaks in two-word phrases	d)Stands and walks independently
58.	A patient with COPD, commonly experiences	
	a)Decreased respiratory rate	b)Airway obstruction and difficulty in expiration
	c)Acute airway dilation	d)High Oxygen saturation without assistance
59.	A classic sign of left –sided congestive heart failure as	
	a) Hepatomegaly	b) Pulmonary oedema
	c) Peripheral oedema	d) Jugular venous distension

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60.	When administering blood transfusions, the nurse must primarily	
	a) Check the patient's room temperature	b) Verify patient identity and blood unit compatibility
	c) Warm the blood to 40°C before transfusion	d) Give the blood as fast as possible
61.	Which type of shock is associated wi	th severe allergic reactions?
	a) Hypovolemic shock	b) Anaphylactic shock
	c) Cardiogenic shock	d) Septic shock
62.	A sign of increased intracranial press	sure (ICP)
	a)Papilledema	b)Decreased blood pressure
	c)Rapid, shallow breathing	d)Hyperactive deep tendon reflexes
63.	One of the most important nursing interventions for a patient with suicid ideation is to	
	a) Leave the patient alone to ensure privacy	b) Maintain constant observation to ensure safety
	c) Discourage communication about suicidal thoughts	d) provide sedatives immediately
64.	In psychiatric nursing, the term "mil	ieu therapy" refers to
	a) Group counselling for family members	b) Therapeutic use of the environment and daily activities
	c) Only medication-based interventions	d) Strict isolation of the patient
65.	Kwashiorkor is primarily due to	
	a) Protein deficiency	b) Carbohydrate deficiency
	c) lipid deficiency	d) Vitamin D deficiency

66.	The main function of dietary fibre is to	
	a) Provide high-calorie energy	b) Help in bowel movement
	c) Supply essential amino acids	d) Increase cholesterol absorption
67.	If a person is chocking and cannot s procedure is	peak or cough, the recommended
	a) Immediate CPR	b) Tapping the back
	c) Heimlich maneuver	d) Lying them flat on their back
68.	In case of severe external bleeding fr	om a limb, the first step is to
	a) Ask the patient to stand up	b) Apply direct pressure on the wound
	c) Place the limb in cold water	d) Immobilize the patient fully
69.	The first aid management for a susp	ected fracture of long bone includes
	a) Encouraging the patient to move the limb	b) Immobilization of the affected limb
	c) Applying continuous traction	d) Using hot compresses immediately
70.	If someone is experiencing anaphyla treatment	xis, drug of choice for immediate
	a) Injection Hydrocortisone	b) IV fluids
	c) Injection Chlorphenaramine	d) Injection Adrenaline
71.	Which blood vessels carry oxygenate	ed blood from the lungs to the heart?
	a) Pulmonary arteries	b) Pulmonary veins
	c)Coronary arteries	d) Vena cava
72.	Insulin is secreted by the	
	a) Beta cells of the pancreas	b) Alpha cells of the pancreas
	c) Adrenal cortex	d) Pituitary gland

73.	The following are first line of drug for tuberculosis except	
	a) Rifampicin	b) Ethambutol
	c) levofloxacin	d) Isoniazid
74.	In first person becoming sick in an e	pidemic is called
	a) Primary case	b) Contact case
	c) Secondary case	d) Index case
75.	The following is the criteria for scree	ning test except
	a)Disease should be public health problem	b)Disease should have low prevalence
	c)Diagnosis and treatment should be available	d)Test should be available to the people
76.	Sharps and needles are disposed in	
	a) Black container	b) Yellow container
	c) White container	d) Red container
77.	77. Which micro nutrient is given during episode of diarrhoea to reduce duration and severity of the episode :	
	a) Iron	b) Calcium
	c) Zinc	d) B complex
78. Which of the following is modifiable risk factor for causing cardio diseases:		risk factor for causing cardiovascular
	a) Age	b) Genetic factor
	c) Family history	d) Cigarette smoking
79.	At what temperature DPT vaccine is stored?	
	a) Sub-zero degree centigrade	b) 2-8 degree centigrade
	c) Zero degree centigrade	d) 10-15 degree centigrade

80.	Recommended daily intake of salt for healthy adult is		
	a) 2 gram	b) 3 gram	
	c) 5 gram	d) 7 gram	
81.	Transient Ischaemic attack (TIA) is a sudden episode of focal , reversible neurological deficit and lasts for a period of		
	a) Less than one minute	b) less than 24 hours	
	c) more than 24 hours	d) more than 48 hours	
82.	National Rural health mission (NRHI which committee	M) is based on recommendation of	
	a) Chaddha committee	b) Kartar Singh committee	
	c) Srivastava Committee	d) Jungalwala committee	
83.	A condition characterised by a prolon ECG is called	nged PR interval more than 0.2 secs in	
	a) Second degree AV block	b) Mobitz type 2 AV block	
	c) First degree AV block	d) Complete AV block	
84. In which type of diabetes, production of insulin is virtually abs		n of insulin is virtually absent	
	a) Type 1 diabetes	b) Type 2 diabetes	
	c) Gestational diabetes	d) Maturity onset diabetes of young	
85.	Which of the following organism is a	ssociated with peptic ulcer disease	
	a) H.Pylori	b) Treponema Pallidum	
	c) Hepatitis B virus	d) Measles virus	
86.	Nuchal rigidity, fever and headache	are classical signs of	
	a) Meningitis	b) Parkinsonism	
	c) Pneumonia	d) Sinusitis	

87.	What should be advised to prevent l	Buerger 's disease
	a) Monitor BP	b) Monitor blood sugar
	c) Avoid alcohol	d) Avoid smoking
88.	Suitable position for rectal examina	tion
	a) Prone position	b) Lithotomy position
	c) Dorsal recumbent position	d) Sim's position
89.	The difference between systole and	diastole pressure
	a) Pulse deficit	b) Pulsus paradoxus
	c) Pulsus bigeminy	d) Pulse pressure
90.	Which of the following is not a mom	ent of hand hygiene laid down by WHO
	a) Before touching patient	b) After touching patient
	c) Before Aseptic Procedure	d) Before touching patients surrounding
91.	What does the term Malena means	ourrounding
	a) Blood in Stool	b) blood in sputum
	c) blood in vomitus	d) Blood in Urine
92.	During which stage of labour CROW	NING of head takes place
	a) First Stage	b) Second Stage
	c) Third Stage	d) Fourth Stage
93.	Hormone responsible for positive pr	egnancy test is
	a) Oestrogen	b) Progesterone
	c) Human Chorionic gonadotropin	d) Follicle stimulating hormone

94.	What is the commonest cause of postpartum haemorrhage?							
	a) Atonic uterus	b) Abruptio placenta						
	c) Placenta previa	d) Placenta accreta						
95.	During pregnancy, when will the uterus	s normally reach level of xiphisterum?						
	a) 32 weeks	b) 36 weeks						
	c) 40 weeks	d) 42 weeks						
96.	Ziehl-Neelsen (ZN) stain is used to dete	ct which of the following disease						
	a) Malaria	b) Tuberculosis						
	c) Measles	d) Diphtheria						
97.	Early diagnosis and treatment is an exa	ample of						
	a) Primordial prevention	b) Primary prevention						
	c) Secondary prevention	d) Tertiary prevention						
98.	Following are sign are good attachment during breast feeding except							
	a) $2/3^{\text{rd}}$ of areola visible outside the mouth	b) Lower lip is everted						
	c) Baby chin touching mother's breast	d) Baby mouth is wide open						
99.	All the following statement about Cento	hroman are true except						
	a) it causes suppression of ovulation thus prevent fertilization	b) it causes thinning of endometrium thus prevents implantation						
	c) Developed by central drug research Institute , lucknow	d) Freely available in the FP program in the name of CHHAYA						
100.	On abdominal examination of a pregnant woman, you find uterus to be at 2 weeks size but by date (LMP) gestational age is 24 weeks, what is the most probable reason for such discrepancy							
	a) Wrong date	b) Hydramnions						
	c) Multiple pregnancy	d) Gestational diabetes						
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Answer Key								
BOOKLET A								
1	С	26	В	51	С	76	Α	
2	В	27	С	52	С	77	D	
3	Α	28	Α	53	D	78	С	
4	D	29	C	54	В	79	В	
5	C	30	В	55	С	80	В	
6	Α	31	В	56	В	81	D	
7	D	32	Α	57	С	82	D	
8	С	33	В	58	С	83	В	
9	В	34	В	59	Α	84	С	
10	С	35	В	60	Α	85	С	
11	Α	36	В	61	Α	86	Α	
12	В	37	Α	62	D	87	С	
13	В	38	В	63	D	88	С	
14	Α	39	В	64	D	89	Α	
15	C	40	Α	65	D	90	В	
16	В	41	В	66	Α	91	С	
17	Α	42	С	67	В	92	С	
18	В	43	В	68	С	93	С	
19	С	44	В	69	Α	94	С	
20	Α	45	D	70	В	95	Α	
21	В	46	В	71	В	96	В	
22	В	47	Α	72	С	97	С	
23	С	48	С	73	Α	98	С	
24	С	49	D	74	В	99	С	
25	В	50	В	75	Α	100	D	

Answer Key								
BOOKLET B								
1	В	26	С	51	Α	76	С	
2	С	27	С	52	D	77	В	
3	Α	28	D	53	С	78	Α	
4	C	29	В	54	В	79	D	
5	В	30	С	55	В	80	С	
6	В	31	В	56	D	81	Α	
7	Α	32	С	57	D	82	D	
8	В	33	С	58	В	83	С	
9	В	34	Α	59	С	84	В	
10	В	35	Α	60	C	85	С	
11	В	36	Α	61	Α	86	Α	
12	Α	37	D	62	С	87	В	
13	В	38	D	63	С	88	В	
14	В	39	D	64	Α	89	Α	
15	Α	40	D	65	В	90	С	
16	В	41	Α	66	C	91	В	
17	C	42	В	67	C	92	Α	
18	В	43	С	68	C	93	В	
19	В	44	Α	69	С	94	С	
20	D	45	В	70	Α	95	Α	
21	В	46	В	71	В	96	В	
22	Α	47	С	72	С	97	В	
23	С	48	Α	73	С	98	С	
24	D	49	В	74	С	99	С	
25	В	50	Α	₁ 75	D	100	В	

Answer Key							
BOOKLET C							
1	С	26	Α	51	С	76	В
2	С	27	D	52	В	77	С
3	D	28	С	53	Α	78	Α
4	В	29	В	54	D	79	С
5	С	30	В	55	С	80	В
6	В	31	D	56	Α	81	В
7	С	32	D	57	D	82	Α
8	С	33	В	58	С	83	В
9	Α	34	С	59	В	84	В
10	Α	35	C	60	С	85	В
11	Α	36	Α	61	Α	86	В
12	D	37	С	62	В	87	Α
13	D	38	C	63	В	88	В
14	D	39	Α	64	Α	89	В
15	D	40	В	65	С	90	Α
16	Α	41	С	66	В	91	В
17	В	42	С	67	Α	92	С
18	С	43	С	68	В	93	В
19	Α	44	С	69	С	94	В
20	В	45	Α	70	Α	95	D
21	В	46	В	71	В	96	В
22	С	47	С	72	В	97	Α
23	Α	48	С	73	С	98	С
24	В	49	С	74	С	99	D
25	Α	50	D	75	В	100	В

Answer Key								
BOOKLET D								
1	Α	26	С	51	В	76	С	
2	D	27	В	52	С	77	С	
3	С	28	Α	53	Α	78	D	
4	В	29	D	54	С	79	В	
5	В	30	С	55	В	80	С	
6	D	31	Α	56	В	81	В	
7	D	32	D	57	Α	82	С	
8	В	33	С	58	В	83	С	
9	С	34	В	59	В	84	Α	
10	С	35	С	60	В	85	Α	
11	Α	36	Α	61	В	86	Α	
12	С	37	В	62	Α	87	D	
13	С	38	В	63	В	88	D	
14	Α	39	Α	64	В	89	D	
15	В	40	С	65	Α	90	D	
16	С	41	В	66	В	91	Α	
17	С	42	Α	67	С	92	В	
18	С	43	В	68	В	93	С	
19	С	44	С	69	В	94	Α	
20	Α	45	Α	70	D	95	В	
21	В	46	В	71	В	96	В	
22	С	47	В	72	Α	97	С	
23	С	48	С	73	С	98	Α	
24	С	49	С	74	D	99	В	
25	D	50	В	₂ 75	В	100	Α	